

Center for Joint Activities of the Czech Academy of Sciences, v.v.i.

Children's groups

**Lvíček**

Národní 1011/7, 110 00 Prague 1

**Molekula**

Vídeňská 1056, Prague 4

**Pluto a Dioda**

Pod Vodárenskou věží 271/2, Prague 8



## Education and Care Plan

**"With small steps forward, I will discover the whole world."**

The education and care plan is a document supporting work with children at DS AV ČR.

In the safe environment of children's groups and in accordance with the education and care plan, we become guides for children on their journey towards all-round development and growing into wider society. Every day with us can be different, because it reflects the mood of the individual and the whole group.

When working with children, we try to perceive the needs of each child. It is our priority to be close to each child and to support them. We introduce boundaries and rules into children's lives in a fun way, using games and rituals to naturally develop each child.

We guide the child and their parents through the adaptation process and are prepared to adapt it to each child. We respond to the specific needs of children. We strive to give each child the assurance that they are safe and can play and discover the world, and we strive to support their family. Mutual cooperation is essential for us.

### **In our educational work, we place particular emphasis on developing the following competencies:**

- supporting the child's physical development
- developing the child's language skills
- developing social skills

### **Our values**

We respect the individuality of children, the uniqueness of their development, and the specifics of their cultural background.

We build trust between parents and caregivers (mutual respect, openness, cooperation, and respectful communication).

We provide a safe and stimulating environment for the healthy mental and physical development of children.

We emphasize a healthy lifestyle.

We create a positive relationship with exercise and healthy eating.

We spend sufficient time with children doing outdoor activities.

We emphasize the development of ethical and moral values.

We support mutual respect for the needs of children, parents, and caregivers.

We act with empathy and love.

### **Together, we operate on the basis of these rules**

Rituals accompany children throughout the day and help them orient themselves in time.

Guided and free activities alternate throughout the day in a balanced manner.

Children in the daycare center are accompanied by clearly posted rules that ensure a safe and pleasant environment.

The rules are clear and concise.

### **Common rules**

I drop off my child at the classroom by 8:30 a.m.

We say goodbye in the cloakroom (only children are allowed to enter the classroom)

A sick child stays at home

For the safety of the children, no sweets (lollipops, candies, chewing gum) are allowed in the daycare center.

We can bring one stuffed toy or book from home to the group (no other small toys or beads), but we are not responsible for it

We take off our shoes and clothes in the designated area.

### **Rules for children**

I walk slowly in the classroom

We listen to each other in the classroom

We put toys away immediately after we finish playing with them and before we choose another toy

If we leave the classroom (to go to the bathroom, to get a stuffed animal from the cloakroom, etc.), we notify one of the caregivers

We treat each other with respect

### Approximate daily schedule

7:45 a.m.	Daycare opens
08:00 – 08:30	children arrive
08:00 – 10:00	free play, community circle, individual work, physical activities, hygiene, snack
10:00 – 11:30	outdoor activities
11:30 – 12:30	hygiene, lunch, departure of children from morning attendance, preparation for rest
12:30 – 14:30	rest, quiet activities, hygiene, snack
2:30 p.m. – 4:30 p.m.	free play, individual work, outdoor activities, children leaving
4:50 p.m.	children leaving
5:00	p.m. closing

The education and care plan is a mandatory appendix to the Contract for the Provision of Child Care Services

in a Children's Group and is also available in the DS cloakroom.

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